

Professional Development Meeting

(*note change of day) **TUESDAY, January 19, 2016**

Top 10 CyberSecurity Risks & Effective Strategies for Managing Them

With the ever growing and changing CyberSecurity threat landscape, companies need to have a comprehensive mitigation plan and strategies to assure they can adequately protect all their assets and the very business itself. This presentation will highlight the common CyberSecurity risks that can and have been used to compromise business and consumer environments and how the Information Security professional and their companies can respond. Supply Chain and Operations professionals need to be aware of the threat landscape and how to protect their companies.

Mr. Hessney will share several strategies and leading practices on how to protect against these risks to provide your companies with assurance that you will not become another victim. Some of these leading practices as key building blocks of an effective Information and CyberSecurity program:

- The IT Risk Universe and need for conducting an IT Risk Assessment
- IT Risk Assessment Methodology and developing an effective IT Compliance Program
- The importance of adopting an IT Security Framework as part of the IT Compliance Program - ISO27K, PCI DSS, SOC123, HIPAA, ITIL, NIST
- The advantages of auditing and certifying your compliance to a framework
- Establishing a Vulnerability Management and Penetration Testing Program
- Criticality of Third Party Service Provider Management



About the Presenter:

Larry Hessney, Director Risk and Technology Consulting Services, Freed Maxick CPAs, P.C.

Larry Hessney, CISA, CIA, CFPIM, CPM – Larry is the Partner leading Freed Maxick CPAs' Information Security, Technology and Risk Management Consulting practice. He has over 30 years of experience in Information Security, IT, Supply Chain, Enterprise Risk Management, Internal Audit and Business Management. Larry has been a Senior Manager with PriceWaterhouseCoopers and Arthur Andersen and has held various roles in Supply Chain, Operations and IT with Eastman Kodak, Welch Allyn and LPA Software. An Adjunct Faculty member for SUNY Empire State College for 17 years, Larry holds an MBA from UR's Simon School of Business and an undergraduate degree from Dartmouth College.

PDM Event Information

Date:	TUESDAY, January 19, 2016 * note change of day
Location:	Salvatore's Italian Gardens, 6461 Transit Road, Depew, NY 14043
Time:	5:00 -6:00 pm....Registration, Cash Bar & Networking 6:00-7:00 pm.....Dinner 7:00-8:00 pm....Program
Cost:	\$25.00 Members & Guests; \$15.00 Full-Time Students & Members without Employment
Meal Choices:	1) Sliced Pork w/ Cran-Apple Chutney; 2) Chicken Parmigiana; 3) Roasted Vegetables w/ Mediterranean Orzo
Notes:	Reservations requested by Friday, January 15th but will be accepted later.
Register:	Online at www.apics-buffalo.org or call APICS at PPM OffiCenter (716) 648-0972



APICS - Buffalo Chapter #21
 PO Box 888 • Hamburg, NY 14075-0888
 Phone (716) 648-0972 • Fax (716) 646-1599
 Website: www.apics-buffalo.org

APICS-Buffalo's Board of Directors 2015-2016

PRESIDENT:

Matt Bartels, CPIM
 Rich Products Corp.
 1 Robert Rich Way
 Buffalo, NY 14213
 (716) 878-8963
 mbartels@rich.com

VICE PRESIDENT:

Al Testa
 Rich Products Corp.
 1 Robert Rich Way
 Buffalo, NY 14213
 (716) 878-8498
 atesta@rich.com

TREASURER:

Darren Jurewicz
 Freed Maxick CPAs, P.C.
 424 Main St., Suite 800
 Buffalo, NY 14202
 (716) 332-2722
 darren.jurewicz@freedmaxick.com

SECRETARY:

Donna McGrew
 1795D Como Park Blvd.
 Lancaster, NY 14086
 (716) 685-1146
 mcgrew4758@roadrunner.com

PROGRAM DIRECTOR :

Kimberly Frew, CSCP, CPSM
 Cobham Mission Systems
 10 Cobham Drive
 Orchard Park, NY 14127
 (716) 667-6429
 kimberly.frew@cobham.com

MEMBERSHIP DIRECTOR/COMPANY COORDINATORS:

Michael Gebera
 Tapecon Inc.
 701 Seneca St.
 Buffalo, NY 14210
 (716) 432-0686
 michaelg@tapecon.com

WEBSITE DIRECTOR:

John Neureuter, CPIM, CIRM
 Lactalis American Group
 2376 South Park Ave.
 Buffalo, NY 14220
 (716) 823-6262, ext. 1274
 john.neureuter@roadrunner.com

STUDENT CHAPTER DIRECTOR:

Melissa Ruggiero
 SUNY at Buffalo
 308 Alfiero Center
 Buffalo, NY 14260
 (716) 645-3232
 mrugg@buffalo.edu

EDUCATION DIRECTOR:

Jeremy Ballaro, CSCP
 Buffalo Games, Inc.
 220 James E. Casey Dr.
 Buffalo, NY 14206
 (716) 464-5263
 jballaro@buffalogames.com

PLACEMENT DIRECTOR:

Mike Draper, CPIM
 3M Company
 305 Sawyer Ave.
 Tonawanda, NY 14150
 (716) 740-1208
 mdraper1@mmm.com

DIRECTOR OF BUSINESS DEVELOP.:

Jeffrey Ball, CSCP, CPIM
 Aurubis Buffalo, Inc.
 PO Box 981
 Buffalo, NY 14240
 (716) 912-7801
 j.ball@aurubis.com

SPECIAL PROJECTS/BYLAWS:

John Blest
 Daemen College
 4380 Main St.
 Amherst, NY 14226
 (716) 545-1008
 jblest@daemen.edu

SPECIAL PROJECTS/PROGRAMS :

Bill Helfrich
 80 Southwick Dr.
 Orchard Park, NY 14127
 (716) 662-7927
 bh7831@aol.com

MARKETING/SOCIAL MEDIA:

Christine DelPrince
 New Era Cap
 160 Delaware Avenue
 Buffalo, NY 14202
 (716) 604-9000
 christine.delprince@neweracap.com

MARKETING/SOCIAL MEDIA:

Vilona Trachtenberg
 Rich Products Corp.
 1 Robert Rich Way
 Buffalo, NY 14213
 (716) 878-8201
 vtrachtenberg@rich.com

DIRECTOR AT LARGE:

David Boyce
 Boyce Industries
 986 Ransom Rd.
 Grand Island, NY 14072
 (716) 200-2528
 davboyce@gmail.com

ASSOCIATES:

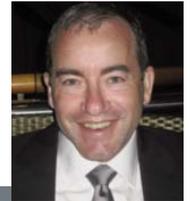
NORTHEAST DISTRICT MANAGER :

Joost Vles, CPIM, CSCP
 Moog, Inc.
 Seneca & Jamison Rds.
 E. Aurora, NY 14052
 (716) 870-1000
 joost.vles.apics@gmail.com

ADMINISTRATOR:

Nancy Boyd Haley
 PPM Business Services
 PO Box 888
 Hamburg, NY 14075-0888
 (716) 648-0972
 ppmb@roadrunner.com

President's Message



Happy New Year Buffalo Chapter! I hope everyone had a Happy and safe Holiday season. Hopefully everyone's New Year has started off with a bang. The Board has finalized the programming and education plan for the year so please visit the website. We have great speakers lined up from now through May, a couple of tours, and we are planning on starting a new CPIM series in February.

The Buffalo Chapter finished the year strong with the Holiday networking event. I want to thank everyone that worked to put it together and those who attended. The event was enjoyed by everyone.

In January our PDM speaker is Larry Hessney, "Top 10 Cybersecurity Risks and How to Effectively Manage Them." The details are in the newsletter and on the website. This topic is applicable to anyone who owns an electronic device. Cyber security is becoming a bigger issue for companies and individuals everywhere so please feel free to bring a colleague or several to the event.

Speaking of the cyber world, the Buffalo Chapter continues to expand its digital footprint. In addition to the website we are on Facebook and LinkedIn. Soon we will also be on Twitter. If you have any suggestions on content you would like to see please let us know. We are always looking for feedback.

As always we are looking for volunteers to support the chapter. If you have any interest in helping out this year please reach out to anyone on the BOD. Our Director of Company Coordinators is looking for some new company coordinators to help the chapter out. There will be PRIZES and incentives for the company coordinator that brings in the most new members.

One last thought - one of my favorite bosses said "You are either moving forward or backwards in life but you can't stay where you are." So every year I try to set a couple of simple goals for the New Year. It can be as simple as making a little more time for the special people in your life, improving a process at work, or just being a slightly better version of you. Whatever it is, make sure that it is something you can stick with and build on.

Yours in APICS,

Matt Bartels, CPIM, President
 APICS-Buffalo Chapter



Resilience Trumps Resistance

10 things you can do to snap back from setbacks.

On the first of the month I received an urgent email from a 58 year old friend asking if I could store some of his prized possessions. I phoned him and said he could, then asked what was going on. He said he'd lost his job, and had run out of money. He went on to say that since he was no longer able pay his rent, he'd taken the last of his money and bought an airplane ticket to Europe where he was going to live with a friend. Other than a few family heirlooms, which he is storing with me and a relative, he is abandoning all of his belongings that wouldn't fit in a suitcase.

It was such a desperate move that my first thought, in the wake of Robin Williams' suicide, was that he was actually thinking of taking his own life. I demanded that he prove he was actually going to Europe, so he showed me the printout of his flight plans, and a Eurail pass. I then tried to talk him out of it, even offering the spare room in my house, but he explained that he'd waited too long to do anything else. I spent the next couple of days helping him get ready.

The economy has caused financial hardship for so many people that the suicide rate among middle-aged men has skyrocketed. I understand how difficult things can get. Over the past decade, between my divorce and the recession, I've suffered numerous emotional and financial setbacks. Many times I've had to dig deep to find the motivation to keep going. The trick is knowing how to bounce back. As an unknown author once observed, "The bend in the road is not the end of the road unless you refuse to take the turn." The good news is that resilience can be learned.

I've learned that adapting to adversity and managing stressful times begins with understanding that you are not alone. Sadness and emotional pain are more common than you realize. Most people, perhaps because of a fear of embarrassment, keep it to themselves. H. Jackson Brown, author of Life's Little Instruction Book notes, "Happiness is not the absence of problems but the ability to deal with them."

The Greek stoic, Epictetus said, "Men are disturbed not by things, but by the view which they take of them." In order to be resilient, you must change your perspective. I've always found it interesting that the Chinese the symbol for "crisis" is the same one they use for "opportunity." So, if you're experiencing a crisis, look to find the opportunity.

Here are some things I've found that you can do to change your perspective and begin to accept the changes going on in your life:

Talk with someone. It helps to recognize that stress affects your mood; and it is better to express your fears than to deny them. Lean on your network of friends and family, and be willing to accept help. Maintaining good relationships with people close to you is important. Take it a step further and get out and make connections with people. Attend support groups, social events, Meetup.com groups, networking groups, faith-based organizations, and civic clubs. I have to frequently remind myself that, "Good things happen when I get out of the house."

Avoid bad news. Current events in the news media are often negative, and can make you depressed. Instead watch a comedy, or read a self-help book. Refrain from dwelling in the present; look to

the future instead. The Persian Sufi poet, Attar of Nishapur, recorded the tale of a powerful king who asked a wise man to design a magic ring that would make him happy when he was sad. The man gave him a plain ring with this phrase etched on it, "This too will pass." Remember that tough times are always temporary.

Practice self care. Take care of yourself by eating well and exercising. Healthy meals and regular twenty minute walks will do wonders to keep your mind and body ready for your next opportunity. Do something fun - perhaps from your bucket list. If you can't afford that, take on a chore you've been putting off. The sense of accomplishment will fortify and energize you.

Engage in self-discovery. See your challenge as a time of learning. The challenges you face today make you better prepared for tomorrow's opportunities. As Friedrich Nietzsche observed, "That which does not kill us makes us stronger." By learning to cope with today's problems, you'll find a greater appreciation for life. You'll develop more self-esteem and confidence.

Keep a journal. Inventory your strengths and accomplishments. Focus on what is good in your life. Also vent - write about your struggles and consider possible solutions. Doing this will often bring the idea you've been looking for.

Visualize what you want. Then do something small and achievable that will give you a sense of accomplishment. Ask, "What is one thing I can do today that will move me toward my goal?"

Accept change. It's part of living; and always brings new opportunities. Keep this wisdom from Helen Keller in mind, "When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us."

See life as a journey. When you realize that an achievement is more about getting there than getting it, you'll find greater happiness.

Be flexible. Stay focused on your goals, but be willing to explore different routes for achieving them. As the Covert Comic, John Alejandro King, suggests, "When there's rioting in the streets, use the sidewalk."

Volunteer. When you help others, it enables you put your problems in perspective. Consider this proverb, "When you dig another out of their troubles, you find a place to bury your own."

Being resilient means not resisting change. George Armstrong Custer said, "It's not how many times you get knocked down; it's how many times you get back up." I'll add that it's okay to ask for a hand up.

Robert Evans Wilson, Jr. is an author, humorist and innovation consultant. He works with companies that want to be more competitive and with people who want to think like innovators. Robert is also the author of the inspirational book: Wisdom in the Weirdest Places. For more information on Robert, please visit www.jumpstarty-ourmeeting.com.



Mission Statement: To be the number one resource for Operations and Supply Chain Management education in WNY.
Vision Statement: To develop leaders and inspire individuals and organizations to pursue excellence through lifelong learning and career advancement in the field of Operations and Supply Chain Management.

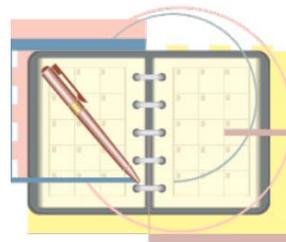


Attention APICS Company Coordinators!

Would you like to win \$200? We would like you to participate in our APICS Membership Growth Contest. The rules are as follows. For every 5 co-workers that you get to become an APICS member you will receive a \$50 Visa gift card. The APICS Company Coordinator with the most signups will win an additional \$200 at the end of the contest. The contest duration is from January 1, 2016 and ends on June 30, 2016.

If your company doesn't have an APICS Company Coordinator and you would like to join please contact Michael Gebera at michaelg@tapecon.com. Good Luck.

- Michael Gebera



Calendar of APICS Events

PDM

Tuesday, January 19, 2016

Salvatore's Italian Gardens

"Top 10 CyberSecurity Risks & Effective Strategies for Management Them"

PDM - Joint with ISM

Wednesday, February 17, 2016

Salvatore's Italian Gardens

Speaker: Jack Cook

PDM

Wednesday, March 16, 2016

Speaker: Rocco Surace

Top Management Night

Wednesday, April 20, 2016

Plant Tour: Graphic Controls

Wednesday, May 18, 2016

BNPA Charity Golf Outing

Wednesday, September 14, 2016

Scholarship Available to APICS Buffalo Members & Family

This year APICS-Buffalo will be awarding \$500 in scholarships for eligible members and their families. Two scholarships valued at \$250 each will be awarded to qualified applicants enrolled in a Fall 2016 degree program.



◆ One scholarship worth \$250 is open to registered members enrolled in a full-time or part-time Undergraduate or Graduate degree program.

◆ One scholarship worth \$250 is open to a registered member's immediate family (spouse, daughter, son, step-son, step-daughter), enrolled in a full-time Undergraduate or Graduate degree program.

The APICS Buffalo Scholarship committee will select successful recipients solely on the basis of information provided with the application such as scholastic ability, community activities, career plans and essay. The committee will not have access to the names of the applicants.

Applications must be sent to arrive by mail or courier post-marked no later than April 30, 2016. Winners will be notified in writing on or before June 30, 2016.

Applications and additional important details regarding the program and eligibility can be found on the Chapter website at www.apics-buffalo.com

If you are experiencing any difficulty accessing the website, please call our office at (716) 648-0972.

- Jeff Ball, Scholarship Committee

APICS Company Coordinators Meeting Notice

Our next meeting will be held on Tuesday, January 19 prior to the PDM at 5:15 p.m. at Salvatore's Italian Restaurant. If your company doesn't have a Company Coordinator and you are interested in being active in APICS, we encourage you to attend this meeting. For more information, contact Michael Gebera at michaelg@tapecon.com


like us on
facebook. 



For updates on PDM meetings, educational offerings, and networking opportunities.